

FEEDING CLINIC

ORLAND PARK & NAPERVILLE/AURORA 708.478.1820



Does your child eat less than twenty foods; refuse foods of certain textures, temperatures or colors; decline an entire category of food; eat the same food over and over; become distraught when new foods are on the plate; struggle to maintain a healthy weight; and/or



gag, cough, or vomit during meals?

Did you know that difficulties with eating and poor nutrition can cause

- ▶ Stunted growth correlated with poor academic performance and lowered mental capacity
- ▶ Emotional and psychological issues
- ▶ A decrease in a child's activity level, social interactions, and curiosity

Feeding Clinic Provides:

- Team evaluation to identify nutrition, feeding, and swallowing challenges
- Observation & discussion of eating patterns
- Recommendations for effective intervention

Specialized Feeding Occupational and Speech Language Therapists:

- Turn mealtime into positive experiences
- Increase oral motor strength and coordination
- Teach your child to tolerate, interact with, or eat foods of varying textures and consistencies
- Utilize specialized techniques such as Beckman Oral Motor Approach, Food Chaining, and/or Sequential Oral Sensory Approach etc.
- Target effective use of utensils
- Coach and provide resources to families so they can help your child overcome these mealtime obstacles

Registered Dietitian:

- Works directly with family to assess the child's nutritional needs
- Provides recommendations to help your child maintain a proper well-balanced diet of essential nutrients and adequate caloric intake that is necessary to promote growth and sustain physiological requirements at various stages of development

How do I register to participate?

- Call 708-478-1820 to schedule
- Complete medical history on online portal
- Complete parental feeding questionnaire!