Tara Rudolphi graduated with a Doctoral Degree from the University of Iowa. Tara successfully provides physical therapy treatments to patients with pelvic floor dysfunctions along with many other pediatric conditions. She has grown the pediatric pelvic floor program at Genesis Pediatric Therapy Center in Coralville, IA to be a leading provider of voiding dysfunction treatments with families traveling from all over the state of Iowa. Her mission is to spread the word that our children do not need to suffer from constipation and incontinence. Education and a multi-system therapy approach to treating pelvic floor dysfunctions can help children and parents get on the right track to recovery.

Dr. Jennifer Petersen is a Clinical Assistance Professor in the occupational therapy department at St. Ambrose University and specializes in the assessment and treatment of children with sensory processing dysfunctions. She completed her doctorate through Thomas Jefferson University with her dissertation focusing on assessment of functional relationship between the vestibular and proprioceptive systems. Jenni believes there is a mind-body connection that can contribute to pelvic floor dysfunction. By creating awareness of the sensory system’s roles in functional performance, enhanced participation in daily activities can be achieved.

Course Content:
This class will facilitate knowledge of a multi-system approach to the management of pediatric pelvic floor dysfunctions. A general overview of bladder and bowel anatomy and function in the developing child will be described. Information will be provided to allow participants to complete a thorough evaluation to be able to outline and implement a therapy treatment plan and home exercise program for the patient suffering from urinary and/or stool incontinence, constipation, and pelvic floor muscular challenges. Instruction in surface electromyography related to assessment and treatment will also be discussed.

Upon Completion Of This Course, Therapists Will Be Able To:

1. Discuss normal bladder and bowel anatomy and function in the developing child.
2. Describe the connection between postural control and respiration in relationship to the pelvic floor.
3. Define symptoms and conditions of micturition.
5. Identify signs and contributors of constipation.
6. Describe a multi-system evaluation of the pediatric patient with pelvic floor dysfunction including consideration of musculoskeletal impairments and compensatory movement patterns.
7. Describe utilization of surface electromyography in assessment and training of the pelvic floor muscles.
8. Outline a therapy treatment plan with consideration of neuromuscular, sensory, and musculoskeletal systems in the patient suffering from a pelvic floor dysfunction.
9. Identify referral recommendations beyond therapy for the pediatric patient suffering from a pelvic floor dysfunction. Electromyography related to assessment and treatment will also be discussed and demonstrated.
Course Schedule
Friday and Saturday, June 21-22, 2019
8:30 am - 5:00 pm
8:30 am- 12:00 pm

Friday Schedule
8:00 -8:30 Registration/Continental Breakfast
8:30- 9:00 Review of normal bladder and bowel anatomy and function
9:00-9:30 Understanding the respiratory/diaphragm/postural connection
9:30 - 10:30 Pediatric urinary conditions and symptoms/Screening tools
10:30 - 10:45 Break; Available for questions
10:45 - 11:15 Making the connection between bowel and bladder symptoms
11:15 - 12:00 Educating the pediatric patient and caregivers on bowel/bladder symptom management
12:00 – 1:00 Lunch - on your own
1:00 – 2:45 How to approach a multi-system evaluation for the patient with a pediatric pelvic floor dysfunction
2:45 – 3:00 Break; Available for questions
3:00 – 3:30 Surface electromyography as a tool for an assessment and treatment
3:30 - 5:00 Lab: Evaluation/Questions

Saturday Schedule
8:00 -8:30  Continental Breakfast
8:30- 10:00  Review/Applying evaluation findings to properly outline a treatment plan and make appropriate referral recommendations if needed
10:00 – 11:30 Lab: Treatment/ Treatment Progression
11:30 – 12:00 Discussion/Post Test

Intended Audience:
Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants

Continuing Education Credit:
Early Intervention as well as Physical & Occupational Therapy CEU’s offered upon completion of the course.

Registration:
Call 708.478.1820
Fax: 708.231.7248
E-mail: education@bdiplayhouse.com

Location:
BDI Playhouse Children’s Therapy
600 N. Commons Dr. Suite 102
Aurora, IL 60504
Course Registration Form and Policy Statement

To register for a workshop, complete the following information and fax, email or mail it to:

Mailing Address: 600 N Commons Dr Suite 102 Aurora, IL 60504
Phone: 708-478-1820   Fax:  708-231-7248   Email: education@bdiplayhouse.com

| Name of Workshop: Pediatric Pelvic Floor Dysfunction. A Multi-System Approach | Cost: $450 |
| Date of Workshop: June 21-22, 2019 |
| $25 Early Bird Discount if received by May 21 |
| (Registration deadline: June 10, 2019) |

| Participant Name: | Registration Date: |

How did you hear about us?

| E-Mail Address: | Fax Number: |

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| State: | Zip: |

| Circle Discipline: | Credit Type: |
| DT SLP OT PT SW NT Admin. Parent Other | EI credits CEU credits |

Age range that participant works with:

Payment: We accept cash, check (made out to BDI) or credit card (Visa, Mastercard, or Discover)

| Type of Payment: | Check Number #: Credit Card #: CVV: |
| Expiration Date: | Signature: |

Policies:

- **Cancellations:** Payment is due in full at the time of registration. Cancellations received three weeks prior to the course date are eligible for a full refund. Register early, as seating is limited. A minimum number of registrants will be needed for the workshop to run. If the minimum is not reached, or if we cancel the workshop for another reason, your full registration fees will be immediately returned. This form may be duplicated and registration may be transferred to another participant.
- **Returned Check Fees:** Any check that is returned to BDI will result in an additional fee of $25 and is fully the responsibility of the participant.
- **Special Needs:** Please indicate any special assistance required when you return your registration.
- **Please note:** BDI sponsorship of a workshop does not imply endorsement or workshop content, products, procedures, thoughts or opinions of the presenter.
- **Food and Beverage:** Continental breakfast will be provided. Lunch will be on your own.

Signature:   Date: